



Thank you for registering for **Adventure Camp** sponsored by Asheville Parks & Recreation Outdoor Programs. Please read the information included in this packet carefully and let us know if you have any questions.

You must complete the following forms for each participant:

- [Participant Form](#)
- [Asheville Parks and Recreation Waiver](#)
- [Nantahala River](#)

Please complete all (□) marked forms by **April 22, 2024** or sooner. This is a total of 3 completed forms. All forms can be completed online, simply click the link above for each form. If you have trouble accessing the forms, please let us know.

****If your child is attending more than one AVL Parks summer program, you only need to complete the participant form & parks waiver once. You MUST complete the activity specific waiver/s for each program.**

Following this page, you will see:

- Adventure Camp Information Sheet
- Camper Packing List

This year we again have a great staff and great activities planned for camp. We will be traveling each day to our activity by 15-passenger vans. Each program group will be led by at least two qualified staff; a 6:1 camper to counselor ratio or better.

Please read the packing list carefully so that your camper is prepared for camp each day. Five Day Adventure Camp locations and activities vary by camper age group. Please be sure to reference the appropriate list if you have campers in both age groups even if they are attending the same camp week. Refer to your registration receipt if you are unsure which session in which they are enrolled.

Plan on sending your camper ready for the day's activity – if we are swimming: wear a swimsuit. Be mindful of changes in mountain weather and be sure your camper is dressed appropriately each day.

If you have any questions please feel free to email or call me anytime!

Looking forward to a great summer,

Daniel Manget
Outdoor Programs Coordinator
outdoorprograms@ashevillenc.gov
828-259-5804

Adventure Camp Information 2024

Morning Drop Off/Afternoon Pick Up

- Monday through Wednesday: 9:00am – 5:00pm
- Thursday 9:00 am, overnight campout with pickup at 12:00pm on Friday

Pick up and drop off for summer camp will be at our Outdoor Program facility. The address is **70 Gashes Creek Rd. Asheville, NC 28805**. As you are heading to the John B Lewis Soccer Complex, the building is located on your left, immediately BEFORE you go over the bridge toward the soccer complex.

- Please **DO NOT DROP OFF YOUR CAMPERS before 8:45 am**. We are busy in the morning getting ready for the day & staff is limited before drop off.
- Youth should check in & out each day with a staff member.

Prior arrangements must be made if someone other than the parent/guardian is picking up a camper. A written request must be given to staff during morning drop off. Picture ID may be checked on all unfamiliar persons.

Absences

Please notify the camp if your child will be absent. You can email outdoorprograms@ashevillenc.gov or during camp hours I am available on the Outdoor Programs cell phone at (828) 259-5804

If your camper is involved with lessons, sports teams, or other activities which causes them to miss a day of camp; please note that there are no make-up days or refunds for missed days.

Illness Prevention

Please do not send your child to camp if they are sick or experiencing any symptoms to maintain a healthy camp environment for all. If a child becomes ill during camp, a parent or person authorized to pick-up will be contacted to pick-up the child. We will follow all public health guidelines that are applicable when camp is in session. This may include: mask wearing unless eating or drinking; washing and sanitizing hands regularly; social distancing; and sanitizing of equipment and surfaces. Camp activities will be outdoors as much as possible.

Cell Phone/Electronics Policy

Camp is a cell-phone free zone. We run most of our programs outdoors and can't be held responsible for lost, damaged or missing phones.

Inclement Weather

All outdoor activities are weather dependent; activity locations and the type of activity offered may vary based on weather or environmental conditions. During severe conditions, including but not limited to lightning and thunder, extreme heat or high water levels, we may alter the day's schedule and plan indoor/alternate activities. We will do our best to offer comparable activities, as we do not offer refunds due to changes in activities.

Be sure to dress campers appropriately for the weather!

Questions?

If you have any program related questions, please call or email us.

- Email: outdoorprograms@ashevillenc.gov
- Before camp begins, contact the office at (828) 259-5804
- During camp hours, contact the Outdoor Programs cell phone at (828) 767-1576
 - Please note during camp hours, we may not be available to answer. We will return messages as soon as possible!

Adventure Camp Packing List 2024

Adventure campers will spend most of the day away from the center participating in activities. All campers should arrive each morning dressed and ready for the day's activities. Please remind your camper to apply sunscreen before they arrive at camp.

Groups split for age specific activities. Be sure to follow the daily clothing list based on the age group you registered your camper under. (For 10 year olds, please ask if you are unsure of the group you registered for). **A more detailed list will be provided closer to the start of camp.**

Items to Pack Daily:

We advise packing the following items in your camper's backpack each day. We suggest you clearly label everything with your camper's first and last name.

- Lunch, Snacks, and a Reusable Water bottle (at least 32 oz.)
- A Rain Jacket (Pack a rain jacket even if the forecast is sunny).
- A change of clothes (top and bottom) & underwear.
- Footwear. See below***
- Swimsuit***
- Plastic bag for wet clothes
- A towel
- Sunscreen lotion
- Sun hat or baseball cap- to protect your camper from the sun!
- If your camper wears glasses – please supply a glasses-retainer for them to wear each day.
- OPTIONAL: Books, travel-size games, cards or quiet activities for traveling in the van

*****Campers should wear a swimsuit to camp under their clothes so they are ready for the day's activities.** We recommend an extra t-shirt that can get wet, especially if your camper is easily sunburned.

*****Footwear:** Campers should wear shoes that can get wet to camp. Tennis shoes are recommended footwear for all camp activities. Open-toed sandals must have a blackstrap and be able to stay on your feet in the water.

Overnight Gear Camping Supplies (Thursday, June 27th - 28th)*

- 1 Sleeping bag; stuffed inside of a stuff sack*
- 1 Sleeping pad*
- 1 Headlamp or flashlight (with new batteries)*
- 1-2 pairs of socks
- 1 Set of Sleeping Clothes
- 1 Warm layer (long pants and warm top)
- 1 Swimsuit
- 1 toothbrush and 1 small tube of toothpaste
- A Towel
- Thursday Clothes (shirt and top that can get wet)
- River Shoes- Sport Sandals or Old Tennis Shoes.* Shoes **Must** be able to stay on feet in the river (have a back strap over the heel, NO crocs or flip flops)
- A full change of clothes for Friday (top, bottom, underwear)
- Glasses or Contact Supplies (if applicable)
- Feminine Hygiene Products (if applicable)
- Raingear

***Items that can be provided by Parks and Rec if needed. We don't want gear to be a barrier to participation**

Lunch Notes: Please pack a healthy lunch in an insulated lunch bag that can help keep it cool. We'll be eating lunch in parks, on hikes, near the river etc. so they should be items that are easy to eat straight from the lunch bag and minimize trash. Please do not pack soda.

The camp staff, and the Asheville Parks and Recreation Dept. are not responsible for any personal items.